



**BJA** Bureau of  
Justice Assistance



# Critical Incident Peer Support for Law Enforcement

Presented by Florida-Regional Community Policing Institute  
Via funding from Bureau of Justice Assistance

**April 12-13, 2012**  
8am to 5pm

**Hosted by:**

Michigan Regional Community Policing Institute  
School of Criminal Justice  
Michigan State University

**Training Location:**

Michigan State Police Training Academy  
7426 N. Canal Rd.  
Lansing, MI 48913

This is a 2-day course with 4 modules, role-playing activities, and scenario discussions. Funded by the Bureau of Justice Assistance, the objective of the Critical Incident Peer Support for Law Enforcement course is to train the officers to be able to offer support, or psychological first aid, to their fellow officers.

Officers are selected to attend this course because of specific abilities that their commanding officer or others may have observed in them. This course is not designed to treat the officer psychologically but to train them to be effective peer supporters.

**At the completion of this course, students should be able to:**

- Distinguish between stress and critical incident stress.
- Identify the main principles of critical incident peer support.
- Explain the responsibilities of a critical incident peer supporter.
- Employ one-on-one intervention techniques following a critical incident.

**Course Topics**

- Stress (definition, symptoms, and manifestations)
- Critical Incident Stress
- Critical Incident Disorders/Diseases
- Critical Incident Peer Support (definition, goal, history, skills, and responsibilities)
- Intervention Strategies
- Coping Strategies
- Peer Support Program Issues
- Communication Skills
- Peer Support Intervention Models (ABC and SAFE-R)

***Lunch and break refreshments are the responsibility of each participant.  
A cafeteria is available at MSP Training Academy***

To Register Contact Sandi Cox: [coxsa@msu.edu](mailto:coxsa@msu.edu)  
517-355-9648 OR 1-800-892-9051 (fax) 517-432-1787  
On-Line registration is available at: