

## **Allison Auten**

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571-419-2087

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### **Education**

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#### **Bachelor of Science in Psychology**

May 2022

Virginia Commonwealth University; Honors College

Minor in Statistics

Cumulative GPA: 4.0

#### **Bachelor of Science in Criminal Justice**

May 2022

Virginia Commonwealth University; Honors College

Cumulative GPA: 4.0

### **Research Experience**

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#### *Research Assistant*

VCU, Department of Health Policy and Behavior, Equity in Cardiovascular Health Outcomes Lab

June 2022 – Present

Principal Investigator: Anika L. Hines, PhD, MPH

- Responsible for all processes related to participant recruitment, including correspondence via telephone or email, obtaining informed consent, addressing all participant questions and concerns, and management of recruitment tracking.
- Performed data cleaning procedures, conducted statistical analysis, and provided interpretation of results.
- Assisted in the project development of a study utilizing ecological momentary assessment (EMA) methodology, including IRB documentation, survey design, and beta-testing.

#### *Lead Research Intern*

VCU Medical Center, Department of Surgery, Injury and Violence Prevention Research

Lab

February 2020 – Present

Principal Investigator: Nicholas Thomson, PhD

- Collaborated with the principal investigator, research coordinators, and research assistants on various federally funded projects. Projects topics included conduct disorder in youth and community violence for youth and adults.
- Compiled extant research in literature reviews for manuscript writing and grant proposals; designed and developed poster presentations; and reviewed questionnaires for corresponding projects.
- Ensured the completeness and accuracy of data entry and aided in filing and record keeping of project documentation.
- Assisted in the on-boarding process of new interns; conducted workshops related to the basics of research methods, including reliability and validity, and data cleaning.

#### *Lead Research Assistant*

VCU, Department of Psychology, Wellbeing Lab

June 2019 – December 2021

Principal Investigator: Kirk Warren Brown, PhD

- Collaborated with faculty mentor, graduate students, and other research assistants in synthesizing data into literature reviews and in exploring mindfulness and mindfulness training, consciousness, pro-social behavior, and facets of well-being.
- Responsible for survey development and administration.
- Coordinated and led over 30 experimental sessions as lead research assistant, during which I provided participants information about the project, obtained informed consent, debriefed participants, and ensured compliance to project protocol.
- Trained in the meta-analytic process, including data collection, extraction, and analysis.

#### *Research Assistant*

VCU, Institute of Women's Health, Honors Research Ready Internship

May 2021 – September 2021

Principal Investigator: Abigail H. Conley, PhD

- Collaborated with faculty mentors to develop research questions that highlight the value of considering sex and gender when conducting research. Used a gender-based lens to explore research questions related to interpersonal and sexual violence.
- Performed data cleaning and statistical analysis, specifically mediation and moderation procedures.
- Attended weekly meetings with faculty mentor to provide status updates and assist with topic selection.

#### **Publications**

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Rahrig, H., Vago, D. R., Passarelli, M. A., **Auten, A.**, Lynn, N. A., & Brown, K. W. (2022). Meta-analytic evidence that mindfulness training alters resting state default mode network connectivity. *Scientific Reports*, 12(1), 12260. <https://doi.org/10.1038/s41598-022-15195-6>

Thomson, N., **Auten, A.**, Kevorkian, S., Galusha, C., Wheeler, E., & Ingram, L. (2022). Testing the association between gun violence, alcohol abuse, and substance abuse in patients with serious mental illness. *Biological Psychiatry*, 91(9), S98–S99. <https://doi.org/10.1016/j.biopsych.2022.02.262>

Kevorkian, S., Desman, D., **Auten, A.**, Khan, S., Ryans, K., Chang, A., & Thomson, N. (2021). Fraud and theft in female offenders: The role of psychopathy and empathy. *Biological Psychiatry*, 89(9), S148. DOI: <https://doi.org/10.1016/j.biopsych.2021.02.381>

#### **Conference Presentations**

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**Auten, A.**, Torky, J., Bragg, K., Fields, C., West, S., & Thomson, N. (2022, April). *Exploring relationships among childhood maltreatment on substance abuse and intimate partner violence*. Poster presented at VCU Poster Symposium for Undergraduate Research and Creativity in Richmond, VA.

Passarelli, M., **Auten, A.**, Lynn, N., Rahrig, H., & Warren, K. W. (2022, February). *Quieting the mind: Mindfulness training induced resting state functional connectivity changes*. Poster presented at Society for Personality and Social Psychology Annual Convention in San Francisco, CA.

Waters, J.M., Conley, A.H., & **Auten, A.** (2021, September). *Post-traumatic growth: How religious and spiritual identity moderate the effects of trauma in a college sample*. Poster presented at the annual Association for Assessment and Research in Counseling conference in Cincinnati, OH.

#### **Honors and Awards**

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Provost Academic Scholarship, *Virginia Commonwealth University*

August 2018 – May 2022

Dean's List, *Virginia Commonwealth University*

January 2019 – May 2022

## Membership in Professional Organizations

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Society for Personality and Social Psychology (SPSP)

December 2021 - Present

## Volunteer and Work Experience

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### *Tutor & Mentor*

VCU, Campus Learning Center

July 2020 – May 2022

- Utilized the Socratic method to assist students in both group and one-on-one setting in psychology, mathematics, and statistics courses.
- Conducted monthly check-ins to ensure new tutors were adjusting smoothly and provided guidance when necessary.

### *Gymnastics Coach*

Core Kids Academy

May 2021 - Present

- Managed classes by creating lesson plans, class set-up and tear down, and cleanliness.
- Tracked and assessed progress and consulted with parents and guardians.
- Aided and supported physical and social development.

### *Volunteer*

VCU Health, Adult Day Services

January 2019 – May 2019

- Volunteered weekly at the Adult Day Services program that serves elders who are unable to live independently, and whom often suffer from dementia or Alzheimer's Disease.
- Assisted with preparation and cleanup of meals, various cognitive activities, artistic projects, and daily-living activities

## Professional Certifications

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Dangerous Goods Shipping,

August 2021

*BioRAFT on behalf of Virginia Commonwealth University*

Columbia-Suicide Severity Rating Scale (C-SSRS) Certification,

June 2021

*Research Foundation for Mental Hygiene (RFMH)*

Biomedical Research Certification,

June 2021

*Collaborative Institutional Training Initiative (CITI)*

Good Clinical Practice Certification,

June 2021

*Collaborative Institutional Training Initiative (CITI)*

Social and Behavioral Certification,

June 2021

*Collaborative Institutional Training Initiative (CITI)*

## Technical Skills

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Experienced in

- R
- SAS
- RedCap
- SPSS
- Qualtrics